## Hold Me Tight®

## AN INTERACTIVE COUPLES WORKSHOP

- Are you ready to experience a stronger couple connection?
- Would you like to learn how to communicate in new ways that promote better understanding and closeness?

## IN THIS WORKSHOP YOU WILL:

- Repair wounds and forgive injuries
- Understand the negative cycles that keep you apart and alone
- Bring back aliveness, intimacy, sex and LOVE into your relationship

for more information visit DaliaAnderman.com/workshops



**Dalia Anderman, LMFT** *Licensed Marriage Family Therapist* 

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**Owen Marcus, MA** *Author, groups leader and facilitator* Co-founder of Evryman www.owenmarcus.com

August 26-27, 2023 Nevada City, CA \$1045 per couple \$945 (early bird till 7/26/23) ~ We Welcome All Couples ~

Hold Me

**REGISTER ONLINE NOW!** 

Register at DaliaAnderman.com or call (530) 692-0680

## WHAT COUPLES ARE SAYING ABOUT THIS WORKSHOP:

"...I wanted to reach out and thank you both for holding the workshop with us this past weekend. It really changed the way in which I view and interact with my partner and I couldn't be more grateful... It means a lot that you're willing to learn and grow together with us, not in a power-over dynamic, but in an interactive way..."

"Thank you for doing what you do, from holding the space

for us to be vulnerable with each other, to treating us to the opportunity to laugh and learn and grow and grieve."

"This weekend was so very helpful. We have been working through these issues in therapy for a long time, but this framework made me feel finally a sense of resolution."

"Thank you Dalia and Owen from the depth of our hearts!" We journeyed this weekend into places in our relationship we can not imagine will be possible. Unbelievable."

Hold Me Tight® is a registered trademark to Sue Johnson